



CARNEY CARR THERAPY FARM FIRST AID PROCEDURES

To Note:

All staff and first aid trained, both for children and adults

Several first aid kits are on site (one in The Barn House and one in the locker room outside area)

At Carney Carr Therapy Farm the safety and wellbeing of everyone is a priority to both children and adults. In the event of an accident or medical emergency, the following first aid procedures will be promptly followed:

Response to be immediate

Remain calm and assess the situation quickly for any immediate dangers to yourself or the casualty.

If it is safe to approach, check the injured person's responsiveness. Speak calmly and gently.

Call for additional help from other staff if required. If the injury is serious or life-threatening, dial emergency services (999) promptly.

Basic First Aid

Minor cuts and grazes would require basic first aid.

Wash hands preferably to wear disposable gloves before attending to wounds.

Clean the affected area gently with sterile water or a saline wipe. Clean the area with water to remove dirt and debris. Apply an antiseptic, then cover with a sterile dressing. Monitor for signs of infection such as redness, swelling, or pus.

Only use a sterile dressing or plaster if appropriate/needed.

Offer reassurance and monitor for signs of distress or allergic reaction.

For Burns & Scolds

Cool the burn under running cool water for at least 10 minutes.

Do not apply creams or adhesive dressings. Cover loosely with a sterile, non-fluffy dressing or clean cloth.

Seek medical attention for large, deep, or facial burns.

Call the emergency services if the burn looks quite severe or take the person to the nearest walk in medical unit

For Falls, Bumps or Bruises

Check for signs of serious injury (loss of consciousness, confusion, vomiting, or severe pain).

If minor, apply a cold compress to reduce swelling and monitor for changes.

For suspected broken bones or serious head injury, keep the person still and comfortable while awaiting emergency services.

Choking

Encourage coughing if the person is able to breathe and cough.

If the airway is blocked and the person cannot breathe, perform up to five back blows followed by abdominal thrusts (for adults and children above one year). For infants, use chest thrusts instead of abdominal thrusts.

Continue until the object is dislodged or emergency help arrives.

Animal Bites or Scratches

Stay calm and move the person to a safe area away from the animal. Wash the wound gently with soap and running water. Apply pressure if there is bleeding, elevate the area if possible, and cover with a clean dressing. Seek medical attention if the wound is deep, bleeding heavily, or if the animal's vaccination status is unknown.

Allergic Reactions

Watch for rapid swelling, difficulty breathing, hives, or dizziness, especially after contact with animals, plants, or insect stings. For mild reactions, antihistamines may help (ensure before giving medication it is approved by parent/carer. For severe reactions (anaphylaxis), use an epinephrine auto-injector if available and call emergency services immediately.

Eye Injuries

If chemicals, dirt, or animal debris enter the eye, rinse gently with clean water for several minutes. Do not rub the eye. Seek medical attention if discomfort persists or vision is affected.

Heat Exhaustion and Sunburn

Encourage rest in a shaded, cool area. Offer water to sip slowly. Cool the skin with damp cloths and apply sunscreen to exposed areas. For heatstroke (confusion, collapse, or high temperature), seek emergency help immediately.

General First Aid Tips

Keep a well-stocked first aid kit accessible at all times, including gloves, antiseptics, bandages, and emergency contact details.

Ensure everyone knows the location of the first aid kit and emergency procedures. Ensure all staff have a detailed induction on and about first aid.

Have a clear risk assessment documentation and that it is followed to ensure less risk.

Update first aid knowledge regularly, as care farm environments can present unique and changing risks. This would also include the risk assessment documentation.

Recording Accidents and Injuries

Every incident is to be recorded in our ACCIDENT & INJURY BOOK as soon as possible after every accident.

Use an accident report form to note the date, time, location, individuals involved, witnesses, and a clear description of the circumstances and injuries sustained.

Include any first aid administered and any further action taken, such as contacting parents/carers or emergency services.

Ensure that completed reports are securely stored according to organisational policies and data protection requirements.

Regularly review accident records to identify patterns and inform risk assessments, promoting a safer care farm environment for everyone.

Encourage staff and volunteers to promptly report all incidents, however minor, as these records not only support individual wellbeing but also contribute to broader health and safety improvements.

POLICY DETAILS:

Date: 3rd May 2025

Renewal Date: May 2026

Name: Rebecca Carney

Signature: R.Carney